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## Visit Norway

# Hei!



Happy girls jumping by Randsfjorden, photo: Ode Hveem, Visit Innlandet

### Norway is opening borders to more countries!

From 5 July, Norway adopts the EU's colour code standards. That means far more countries are now green on the colour coded map. People can enter without having to quarantine. Still rules of entry registration and testing at the border apply.

The **following countries are green** as of July 5th:

Belgium, Bulgaria, Estonia, France, Faroe Islands, Greece, Italy, Croatia, Liechtenstein, Lithuania, Luxemburg, Malta, Poland, Romania, San Marino, Slovakia, Slovenia, Switzerland, Czech Republic, Germany, Hungary, Vatican States, Austria, Greenland and Iceland. Additionally most of the regions in Sweden, Denmark and Finland are green. [Please find the colour coded map here.](#)

Check for latest updates the Visit Norway Corona information page, as information changes regularly.

Look also for official updates on the websites of the [Norwegian government](#), the [Norwegian Institute of Public Health](#) and [Norwegian Directorate for Immigration](#).

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## Tiny Tips



The National Museum, photo: Børre Høstland - Najonalmuseet

Norway's National Museum of Art, Architecture and Design revealed its **opening date, June 11th, 2022**. Already in summer 2021 the largest art museum in the Nordics countries offers **"early access guided tours"**. Have a look inside, while the art is being mounted and the museum is taking shape.



Photo: Kaviar Factory, Gao Yuan

At [Kaviar Factory in Lofoten](#), the first solo exhibition by Ai Weiwei in Norway opened on June 19. Fantastic art meets amazing Northern Norway nature.



Photo: Wil Lee-Wright/Oi! Trøndersk Mat og Drikke

At Norway's biggest [Food and Brewery festival in Trondheim](#), July 29.-31., restaurants, food producers, farmers and fishermen are all gearing up to showcase Trøndelag as the official European Region of Gastronomy in 2022. For the first time there are some cooking and sommelier classes in English.



Photo: FjordSaga

Day by day, village by village – [FjordSaga](#) is an authentic fjord round trip in UNESCO World Heritage fjords, that starts off in August 2021. The trip lasts for four nights and five days; you travel by boat, but stay and eat locally ashore. Is this the new Nordic Cinque Terre to the fjords?



Fjord Ranger, Photo: Hyke Studio/SGV

The [Fjord Ranger Programme](#) is a newly developed educational programme for visitors to the Geirangerfjord UNESCO World Heritage Site. While experiencing the authentic and unique World Heritage the Fjord Ranger will share his or her vast knowledge with you.

## Check out these virtual fam trips!

Did you miss the live sending? Then grab a cup of coffee, put your feet up and learn about Bergen and Stavanger, two dynamic fjord regions. Each fam trip lasts about 30 min.



Hafrsfjord photo: Richard Larssen, VisitNorway.com

**MICE fam trip by Region  
Stavanger**



Photo: VisitBergen.com

**MICE fam trip by Visit Bergen**



Bergen Reiselivslag / Tom Kjøde –  
visitBergen.com

**Culture fam trip by Visit  
Bergen**



Stavanger city is the hub of the Norwegian energy industry, hosting many conferences. It is also an exciting incentive destination known for it's foodie scene and stunning nature.

Only 1-3 hours from most European cities, Bergen is known as the Fjord Capital of Norway and is on the UNESCO heritage list. Learn about a range of inspiring incentive programmes with zero carbon emission.

Learn about the broad music scene that spans from death metal to classical music and understand how centuries of international trade has affected the culture in Bergen.

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